



Overcoming Injuries

by Karen Kennedy, Director of Publicity and Promotion

Last Sunday, my husband and I provided support at the Des Moines Marathon by riding our bikes alongside of the 7,500 runners. We were part of a large team charged with helping the runners with basic first-aid needs, such as band-aids, quick-energy food gel and aspirins as well as providing the needed encouragement along the 26.2 mile trek to the finish line.

Although the range of novice to experienced athletes varied in every conceivable body, weight, attitude, conditioning and personal drive, two runners stood out of the pack for me.

One was a young woman who was limping along about three miles from the starting line. Sensing she had been crying, I asked if there was anything I could do for her. She politely asked if she could use my phone to call her boyfriend because her knee had given out and she needed to leave the race to take care of it.



The second runner, I spotted limping about five miles from the finish line. I asked if he needed some aspirin-ointment to rub on his calves that were obviously cramping up. He politely said, "No, I am good." A few seconds later, they cramped up more, causing him to blurt out a few choice words followed by a rapid apology.

"No problem," I said. "Are you sure you don't want to try some of this ointment? It has great reviews from several runners." He again declined and said he would walk through the pain. As I left, I heard him chant to himself, "Todd, you can do this."

Two runners, two different approaches to pain. One looked at the situation and called for help while the other refused help and was determined to carry the pain on his own. Which one are you? Which one do you think exemplifies God's desire? This week we will look at a scriptural perspective concerning overcoming injuries and see God's heart on dealing with injuries and pain in our lives.

Multi-site updates and Town Hall meetings

If you missed last week's video, go online at www.gloriadeionline.com to watch the exciting progress being made toward becoming a multi-site ministry. In addition, the corresponding handout can be viewed online or picked up at the Welcome Centers.

A couple of the Town Hall meetings have already occurred where individuals were able to ask questions to Pastor Burcham, the Governing Board and the MAT members concerning the recent developments. If you have not already attended a Town Hall meeting, please make every attempt to do so this weekend.

Saturday, Oct. 22 from 6:30-7:30 p.m. in the FLC

Sunday, Oct. 23 from 9-10 a.m. in room 134

Sunday, Oct. 23 from 10:15-11:15 a.m. in room 134

What's Next?

The Governing Board, and the four Ministry Action Teams are working together to finalize the details of the comprehensive plan to be brought to the congregation during Cottage meetings starting mid-November. The congregation will be asked to view the comprehensive plan and pray about it before casting their vote in mid-December. If you have any questions concerning the progress to date, please go to our Web site and click on the frequently-asked-question page. If you have additional questions, please e-mail them to govboard@gloriadeionline.com.

Trunk or Treat

**Wednesday, Oct. 26
from 6-7 p.m.**

Children are invited to the west parking lot for trunk or treat festivities. Children are welcome to wear costumes and should come with a parent. Faith Alive will not be held.

If you would like to decorate your vehicle's trunk, please be prepared for 150 visitors. Awards will be given for the most creative trunks.

Free Parents' Night Out!

**Friday, Oct. 28
from 6-9:30 p.m.**

The 6th grade girls' jr. high small group is sponsoring a Free Parents' Night Out as their service project this year. They will be available (along with some adults and older kids) to babysit children while parents enjoy an evening out. See page 2 for more details.

Register at:

Lisa Gibson

lisa@gloriadeionline.com

Vicki Larimer

vlarimer@dmos.com

Peel-to-Save coupons

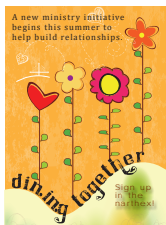
Buy your peel-to-save coupon from a teen for \$10. The money raised will go toward a mission trip, Youth Gathering or Urban Plunge. To purchase a coupon, talk to a youth or contact Tim Kightlinger at 278-5544, ext. 212.

Free Parents' Night Out

Friday, October 28 from 6-9:30 p.m. The 6th grade girls' junior high small group is sponsoring a Free Parents' Night Out as their service project this year. They will be available (along with some adults and older kids) to babysit children while parents enjoy an evening out. On Friday, Oct. 28, parents need to sign in their children in the Family Life Center. Snacks and drinks will be provided, but not dinner. Please sign up by contacting Lisa Gibson at lisa@gloriadeionline.com or 276-1700, or Vicki Larimer at vlarimer@dmos.com or 321-8674.

2011 Dining Together - Sunday, Nov. 13

Deadline to sign up is Nov. 6. Dining Together is an avenue to meet new people at Gloria Dei by sharing a meal on Sunday, Nov. 13. There will be Dining Together sign-up sheets on a table in the narthex today. You will be able to check your meal preference (breakfast, brunch, lunch or dinner) as well as the option of dining with only adults or with families. After the sign-up deadline, participants will be divided into groups of six to eight people according to their preferences. A group leader will contact the participants with all the details of their particular outing. Questions: contact Pastor Robarge at probarge@gloriadeionline.com or 276-1700, ext. 224.



Social media classes

Saturday, Oct. 29 from 6:30-7:30 p.m.

Sunday, Oct. 30 from 9-10 a.m. 10:15-11:15 a.m. & 11:30-12:30 a.m.

Wednesday, Nov. 2 from 6:15-7:15 p.m.

We will offer a 60-minute class to give an overview of social media and how it can be used to enrich our lives and further God's kingdom. To register for this class, e-mail Pastor Robarge at probarge@gloriadeionline.com.

Honduras mission trip

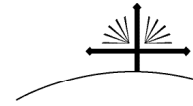
Saturday, June 30 -Saturday, July 7, 2012: Gloria Dei is once again forming a team to help with evangelism, children's ministry, general medical, dentistry and pharmacy to the impoverished in Honduras. Work may also include optometry and chiropractic services. For more information, contact Bill Clark at 491-8543.

Get involved in Project 52

Dominican Republic 2012 - Friday, Feb. 17- Saturday, Feb. 25, 2012: Project 52 will spend nine days in Los Alcarrazos, Dominican Republic. They have accepted the challenge to raise \$52,000 to build a third floor for cardio and aerobic programs along with a boxing club. In addition, they will be furnishing the equipment for the gym.

7th Annual Adopt-a-Family Holiday Fundraiser: Plan to attend the 7th Annual Adopt-a-Family Holiday Fundraiser Friday, Nov. 4 from 7-10 p.m. at Cabaret West Glen, 560 Prairie View Drive, West Des Moines. Hors d'oeuvres will be provided; cash bar available. Raffle prizes and silent auction items, which includes an Apple iPad, will be part of the evening activities.

If interested, contact Bill Clark at 491-8543 or at bill@project52online.org. Project 52 is a faith-based organization whose main focus is missions.



Gloria Dei Lutheran Church
8301 Aurora Ave.
Urbandale, Iowa 50322
515-276-1700

Church office hours:

Monday-Friday 8 a.m. - 4 p.m.

Rev. Ronald Burcham
Senior Pastor
rburcham@gloriadeionline.com

Rev. Timothy Phillips
Director of Congregational Care
tphillips@gloriadeionline.com

Rev. Philip Robarge
Director of Adult Ministry
probarge@gloriadeionline.com

Governing Board
govboard@gloriadeionline.com

For a complete staff listing:
go to our Web site at:
www.gloriadeionline.com

Bringing Jesus Christ for people
for the first time and for a lifetime.

www.gloriadeionline.com

[twitter/gloriadeionline](https://twitter.com/gloriadeionline)

facebook.com/gloriadeionline

Youtube.com/gloriadeionline

Hymm Festival

Come and enjoy a Reformation Hymm Festival to be held Monday, Oct. 31 at Trinity Lutheran Church, 3223 University Ave. The soup potluck begins at 5:30 p.m. and the Reformation Service starts at 6:30 p.m.

Flu shots

Sunday, Oct. 30 from 8:30-10:30 a.m. Shots cost \$22, and mists cost \$30. Bring your insurance card; Medicare Part B, Medicare Advantage Plan, and most insurance plans accepted. Cash and check only.

Altar flowers



The flowers on the altar in the Sanctuary on Sunday, Oct. 23 are provided by Millie Seltz in celebration of Paul Seltz's 90th birthday on October 28.

Christmas 2011



2011 Holiday Opportunities

It may seem a bit early to write about Christmas, but for planning sake, it is not. We want to make sure that you have an opportunity to mark us in your calendar before other commitments stream in. Hospitality team members will be handing out the Holiday Opportunities booklet today after worship. Take some time and mark your calendars for the activities that will enrich your Christmas season.

Giving Tree



Look for the trees in November. Each year we have the privilege of organizing an outreach to help those in need during the holiday season. Starting at the beginning of November, Giving Trees will be displayed in the Narthex and the Gathering Place. Simply pick a tag, purchase the item and return it by Friday, Dec. 9. If you have any questions, please contact Lori Martin at 979-5907 or at blmjtmartin@gmail.com.

Change of address

If you have moved, changed phone numbers or e-mail addresses, please notify the church by contacting Diane Schmidt, Front Desk Administrator, at diane@gloriadeionline.com or at 276-1700. Thanks for your cooperation.

Servers

Officiant/Liturgist:
5:30 p.m. (FLC):
Rev. Phil Robarge

7:45 a.m. (Sanctuary):
Rev. Phil Robarge

9 a.m. (Sanctuary):
Rev. Phil Robarge

9 a.m. (FLC):
Rev. Tim Phillips

10:30 a.m. (FLC):
Rev. Tim Phillips

10:30 a.m. (Sanctuary):
Rev. Phil Robarge

Preacher:
Rev. Phil Robarge

Organist:
Kathy Brammeier

Acolytes:
7:45 a.m. (Sanctuary):
Sydney Olson

9 a.m. (Sanctuary):
Sara Feldotto

10:30 a.m. (Sanctuary):
Rebecca Lehman

Scripture Readings:
Isaiah 61:1-3 and
John 14:23-27(NIV)

Hospitality Teams
Northwind (FLC)
Team Two

7:45 a.m. (Sanctuary)
Team Two

9 a.m. (Sanctuary)
Team Four

9 a.m. (FLC)
TBD

10:30 a.m. (FLC)
TBD

10:30 a.m. (Sanctuary)
Team Two

Let's pray!

Prayer requests can be made on the back of the "Welcome" card located in the pews. Please indicate your prayer request and place the card in the offering plate. We have both e-mail and phone prayer chains available. Call Pastor Phillips in the church office, 276-1700, or Diane Young between 9 a.m. and 5 p.m. at 993-3870 with your request.

Thanksgivings

- For our families
- For Paul Seltz celebrating his 90th birthday October 28

Prayers

For the health of:

- Doris Cammack
- Lyle Kramer
- Ashley Rhoden
- Roesella Kretzschmer
- Shirley Borcharding
- Jeremy Mediours
- Jody Bass' father, Gary
- Tina Bannister
- Lyle Van Langen
- Grace Miller
- April Grimm
- Emma Anderson
- Austin Nelson
- Brenda Barron
- Jim Wollslager's granddaughter
- Sue Anderson
- Dawn Pittmann
- Roseva Rucker

Prayer Ministry

To join the prayer ministry team, e-mail Pastor Phillips at: tphillips@gloriadeionline.com with your name, e-mail address and phone number.

GO GREEN
for the Giving Tree.

Saturday, Nov. 5
from 8 a.m. to 1 p.m.
Parking lot of Gloria Dei

We'll accept your electronic equipment for a minimal price of \$5 a car. (CRTs are an additional price.)

We will lift your electronic equipment into the truck. Proceeds will go to support families of the Giving Tree.

Proceeds to go to the Giving Tree.

For a price list and more information, go to www.gloriadeionline.com

12-Doughs of Christmas

Saturday, Nov. 5 from 9-12 p.m. (Adults, and families with children 12 and under)

Sun. Nov. 6, 1-4 p.m. (Adults and families with children 12 and over)

This family-bonding-baking time will be fun and productive as you make 12 different doughs to take home and freeze. In total, you will have approximately 24 dozen cookies. Please note: peanuts and tree nuts will be used in some of the recipes. Space is limited, so register today by dropping off your contact information along with a \$40 material fee in the 12-Dough envelope in the kitchen.

LWML

Handbook Last days to submit your changes or additions for the LWML handbook by contacting Donna Maasen at 278-4259 or at donnandavem@msn.com. This year's publication will include e-mail addresses, so please include all your current information.

Fall Rally Join us at Beautiful Savior Lutheran Church, 1701 W. Jester Park Drive in Polk City on Sunday, Oct. 23 at 1:30 p.m.

Book Club

Join us Wednesday, Nov. 2 at 6:15 p.m. in the Cry Room as we discuss "Unexpected Dismounts: A Novel," the second book in the Reluctant Prophet series by Nancy Rue. This book shows that some are guilty of terrible wrongs, but everyone must be responsible for righting them. In December, they are opting not to read a book, but will continue with their plans for helping inmates by providing self-recorded books for children. If interested, e-mail gloriadeibookclub@hotmail.com.

LWML recycling project

All members are invited to bring the following recyclable items during October and place them in the tub located in the Narthex:

- Systems/consoles and games (include accessories and attached cords)
- Inkjet, toner and laser cartridges
- Cell phones, PDAs, MP3 players and iPods, pagers
- Laptops, scientific and graphic calculators
- GPS, digital cameras, phone batteries and DVDs

We will not accept the following: toner bottles, fax film, any print cartridge without a metal print head (i.e. Epson and Cannon), refilled or remanufactured cartridges, cordless land-line phones and bag cell phones.

Helping flood victims

Recently Dennis Trollope along with several other Des Moines area volunteers served in central Pennsylvania for Red Cross Flood Relief activities. The three-week assignment included feeding flooded families, providing clean-up kits, serving health needs, sheltering homeless as a result of the torrential rains. Please take time to thank Dennis for his service to our nation by extending his hand to those in need.



Gloria Dei Youth Ministry

Contact: Tim Kightlinger
tim@gloriadeionline.com

Junior high (6-8)

Castaway - Sunday 9 & 10:30 a.m.

Join us as we learn about overcoming injuries.

Small Group - Wednesday from 6-7:15 p.m.

Students in grades 6-8 meet in small groups to discuss various topics.

IDW Junior High Youth Gathering - Saturday, Oct. 29

Meet at Gloria Dei on Saturday, Oct. 29 at 9:30 a.m. to head over to the Gathering.

Senior high (9-12)

Bible Study Sunday at 9 a.m.

Join us for a discussion about overcoming injuries

The Point - Wednesdays at 6 p.m.

Join us for a multi-sensory active learning time. It's Trunk or Treat night, so come and help.

Training Ground Sundays from 6-8:30 p.m.

Join us as we connect to God and each other through small groups. We will then open the FLC for games and hang-out time. **Topics:** The Athlete's Heart, Digging Deeper and A Woman after God's Heart

Peel-to-Save coupons

Buy your peel-to-save coupon from a teen for \$10. The money raised will go toward a mission trip, Youth Gathering or Urban Plunge.

Mission Trip (8-12)

Mission Trip: June 23-30, Port Jervis, New York

We will join about 400 other teens and adults from around the United States to form work groups to perform repairs/improvements on homes of the poor and elderly. A few spots still remain; a \$50 deposit due to hold your spot.

Trunk or Treat (6-12)

Wednesday, Oct. 26 from 6-7 p.m.

We are opening up our trunks and filling them with candy! That's right, and we need your help. See your small-group leader for details.

Bibles for 3-year-olds

All 3-year-olds and families are invited to attend H3 worship in the Family Life Center on Sunday, Oct. 30 at 10:30 a.m. During this family friendly worship time, all 3-year-olds will receive a children's Bible. We pray that your child's Bible becomes one of your family's favorite story-time books.

Kindergarten Bible Event

Sunday, Nov. 13 from 4-5 p.m.

All kindergartners and a parent are invited to attend this time of exploration and fun as God's Word is unfolded through a new Bible presented to each kindergartner.

Family ADVENTure

Sunday, Nov. 6 from 5:30-8 p.m.

Come discover the wonder of Advent as families make a felt Advent calendar together. This heirloom quality tree will be a family favorite for years to come. Each day of Advent will have a renewed focus as you prepare for the birth of Jesus. A light supper will be served. Cost is \$15 per family; limit 20 families. To reserve your spot, contact DeAnn McCue at 278-5544, ext. 207.

Christmas program

Sunday, Dec. 11 at 4 p.m. "Sights and Sounds of Christmas" Come and experience Christmas through the eyes of children as they express the wonder of Christmas through what they see and hear. We encourage all children to be involved in the program.

Rehearsal times - 12:15-1:15 p.m.:

Sunday, Nov. 13, Sunday, Nov. 20, Saturday, Dec. 3, Sunday, Dec. 4 and Saturday, Dec. 10

Faith Alive meal

Wednesday, Oct. 26 from 6-7 p.m.

Since Trunk or Treat will be held, the regular Faith Alive meal in the Family Life Center will not be offered. Instead grilled hot dogs will be served in the west parking lot. Free-will offering will be received.

Week of October 22-29, 2011

Saturday, October 22

- 9:00 a.m. IDW Safety and Security Conference
- 3:45 p.m. Northwind Worship Team Rehearsal
- 5:30 p.m. Northwind Worship Service in the Family Life Center with Communion
- 5:50 p.m. Grace Place
- 6:30 p.m. Town Hall Meeting

Sunday, October 23

- 7:45 a.m. Traditional Worship Service in Sanctuary
- 9:00 a.m. Traditional Blend Worship Service in Sanctuary
- 9:00 a.m. Casual Contemporary Worship Service in Family Life Center with Communion
- 9:00 a.m. Senior High Bible Study
- 9:00 a.m. Town Hall Meeting
- 9:10 a.m. Adult Bible Study
- 9:20 a.m. Castaway
- 9:20 a.m. Grace Place
- 9:20 a.m. Lighthouse Bible Study
- 10:15 a.m. Adult Bible Study
- 10:15 a.m. Town Hall Meeting
- 10:30 a.m. Contemporary Worship Service in Sanctuary
- 10:30 a.m. H3 Worship Service in Family Life Center with Communion
- 10:50 a.m. Castaway
- 10:50 a.m. Grace Place
- 12:00 p.m. Carilloneurs
- 2:00 p.m. Girl Scout Troop 659
- 2:30 p.m. UMS Mock Trial Practice
- 6:00 p.m. Senior High - Training Ground

Monday, October 24

- 9:30 a.m. Women's Bible Connections
- 9:30 a.m. Mom's Bible Study
- 1:00 p.m. Stephen Ministry Supervision
- 6:30 p.m. Women's Bible Connections
- 6:30 p.m. Stephen Ministry Training
- 6:30 p.m. Stephen Ministry Supervision

Tuesday, October 25

- 9:30 a.m. Kindermusik Family Time
- 1:00 p.m. Directors' Meeting
- 2:00 p.m. Worship Planning Meeting
- 2:30 p.m. Tuesday Afternoon Bible Study

Tuesday, October 25 (continued)

- 5:00 p.m. Kindermusik Young Child
- 5:45 p.m. Kindermusik Village
- 6:00 p.m. Beginning Dance
- 6:15 p.m. Kindermusik Our Time
- 6:30 p.m. Fall Financial Peace University
- 6:45 p.m. Kindermusik Imagine That
- 6:45 p.m. Creative Dance
- 7:00 p.m. Encourage Each Other Study

Wednesday, October 26

- 10:00 a.m. Pastor's Bible Study
- 5:00 p.m. Midweek Meal
- 6:00 p.m. Trunk or Treat
- 6:00 p.m. Junior High Small Groups
- 6:00 p.m. Senior High - The Point
- 6:15 p.m. Alleluia Ringers
- 6:15 p.m. Marriage Bible Study - Love and Respect
- 6:30 p.m. Gloria Dei Chorale
- 7:30 p.m. Quest for Authentic Manhood

Thursday, October 27

- 6:30 a.m. Men's Bible Study
- 10:00 a.m. Joyful Stitchers
- 2:00 p.m. Celebration Home School Choir
- 3:00 p.m. Next Step
- 6:00 p.m. Care Night Meal
- 6:00 p.m. Infusion Rehearsal
- 6:30 p.m. Divorce Care
- 6:30 p.m. GriefShare
- 6:30 p.m. Men's Basketball
- 6:30 p.m. Marriage Built to Last
- 7:00 p.m. Facilities MAT Meeting

Friday, October 28

- 6:00 p.m. Free Parents' Night Out

Saturday, October 29

- 9:00 a.m. IDW Junior High Youth Gathering
- 3:45 p.m. Northwind Worship Team Rehearsal
- 5:30 p.m. Northwind Worship Service in the Family Life Center
- 5:50 p.m. Grace Place
- 6:30 p.m. Social Media Class

Worship (Oct. 15 & 16)	Attendance	Communion
Northwind	167	
7:45 a.m.	133	120
9 a.m. (Sanctuary)	298	215
9 a.m. (FLC)	31	
10:30 a.m. (Sanctuary)	262	158
10:30 a.m. (FLC)	242	
Total	1,133	493

Jesus said, "Watch out and guard yourselves from every kind of greed; because your true life is not made up of the things you own, no matter how rich you may be."—Luke 12:15

Outpouring of Love (Oct. 15 and 16)	
General Fund Offerings	\$34,224
2nd QTD Offering	\$86,117
2nd QTD Budget	\$96,000

Week of October 29-November 5, 2011

Saturday, October 29

- 9:00 a.m. IDW Junior High Youth Gathering
- 3:45 p.m. Northwind Worship Team Rehearsal
- 5:30 p.m. Northwind Worship Service in the Family Life Center
- 5:50 p.m. Grace Place
- 6:30 p.m. Social Media Class

Sunday, October 30

- 7:45 a.m. Traditional Worship Service in Sanctuary
- 8:30 a.m. Flu Vaccine Clinic
- 9:00 a.m. Traditional Blend Worship Service in Sanctuary
- 9:00 a.m. Casual Contemporary Worship Service in Family Life Center
- 9:00 a.m. Senior High Bible Study
- 9:00 a.m. Social Media Class
- 9:10 a.m. Adult Bible Study
- 9:20 a.m. Castaway
- 9:20 a.m. Grace Place
- 9:20 a.m. Lifelight Bible Study
- 10:15 a.m. Adult Bible Study
- 10:15 a.m. Social Media Class
- 10:30 a.m. Contemporary Worship Service in Sanctuary
- 10:30 a.m. H3 Worship Service in Family Life Center
- 10:50 a.m. Castaway
- 10:50 a.m. Grace Place
- 11:30 a.m. Social Media Class
- 12:00 p.m. Carilloneurs
- 2:30 p.m. UMS Mock Trial Practice
- 6:00 p.m. Senior High - Training Ground

Monday, October 31

- 9:30 a.m. Women's Bible Connections
- 9:30 a.m. Mom's Bible Study
- 6:30 p.m. Women's Bible Connections

Tuesday, November 1

- 9:00 a.m. XYZ (Extra Years of Zest)
- 9:30 a.m. Kindermusik Family Time
- 1:00 p.m. Directors' Meeting
- 2:00 p.m. Worship Planning Meeting
- 2:30 p.m. Tuesday Afternoon Bible Study
- 5:00 p.m. Kindermusik Young Child
- 6:00 p.m. Beginning Dance
- 6:15 p.m. Kindermusik Our Time
- 6:30 p.m. Fall Financial Peace University
- 6:45 p.m. Kindermusik Imagine That
- 6:45 p.m. Creative Dance
- 7:00 p.m. Encourage Each Other Study
- 7:00 p.m. Central Iowa Knitters

Wednesday, November 2

- 10:00 a.m. Pastor's Bible Study
- 5:00 p.m. Midweek Meal
- 6:00 p.m. Faith Alive
- 6:00 p.m. Junior High Small Groups
- 6:00 p.m. Senior High - The Point
- 6:15 p.m. Alleluia Ringers
- 6:15 p.m. Marriage Bible Study - Love and Respect
- 6:15 p.m. Social Media Class
- 6:15 p.m. Gloria Dei Book Club
- 6:30 p.m. Gloria Dei Chorale
- 7:30 p.m. Quest for Authentic Manhood

Thursday, November 3

- 6:30 a.m. Men's Bible Study
- 9:00 a.m. Facilities MAT Meeting
- 10:00 a.m. Joyful Stitchers
- 2:00 p.m. Celebration Home School Choir
- 3:00 p.m. Next Step
- 6:00 p.m. Care Night Meal
- 6:00 p.m. GirlZ of Faith
- 6:00 p.m. Infusion Rehearsal
- 6:30 p.m. Divorce Care
- 6:30 p.m. GriefShare
- 6:30 p.m. Marriage Built to Last
- 6:30 p.m. Men's Basketball

Friday, November 4

- 9:00 a.m. MOM's Club of West Des Moines
- 5:00 p.m. Confirmation Retreat - Lord's Prayer

Saturday, November 5

- 9:00 a.m. 12 Doughs of Christmas
- 3:45 p.m. Northwind Worship Team Rehearsal
- 5:30 p.m. Northwind Worship Service in the Family Life Center
- 5:50 p.m. Grace Place

Items needed

Urbandale Food Pantry - Please consider donating feminine hygiene products in October to the "Food Pantry" bin in the narthex.

Honduras Mission - Additional items needed in October for the Honduras mission are Claritin, Tums, Maalox, Zantac and Pepcid. Please place items in the "Honduras" bin in the narthex.

Children's Attendance	Saturday 5:50 p.m.	Sunday 9:20 a.m.	Sunday 10:50 a.m.	Wednesday 6:15 p.m.
Preschool	6	8	36	25
Elementary	14	37	59	96
Total Children	20	45	95	121

Youth Attendance	Sunday	Wednesday 6:15 p.m.
Junior High	26	73
Senior High	7	30
Total Youth	33	103

Welcome to Gloria Dei! We are glad you are here!

Families: We value families, so we encourage families to worship together. We will then invite the children to educational time on Saturdays at 5:50 p.m.; and Sundays at 9:20 and 10:50 a.m.

5:30 p.m. Saturday Northwind Contemporary in the Family Life Center

Discover reflection and celebration at this casual Saturday evening worship service. Communion will be offered the second and fourth Saturdays of every month.

7:45 a.m. Sunday Traditional Worship in the Sanctuary

This worship service uses organ and piano-led hymns as well as responsive liturgy. Our special music groups also perform on a regular basis. Communion will be offered the first and third Sundays of the month.

9 a.m. Sunday Traditional Blend Worship in the Sanctuary

This worship service uses organ and piano-led hymns and songs as well as responsive liturgy. Our special music groups also perform on a regular basis. Communion will be offered the first and third Sundays of the month.

9 a.m. Sunday Casual Contemporary Worship in the Family Life Center

Geared for those who are casual by nature, this service will offer a balance of high-energy and reflective worship. A pastor will lead the service, and the message will be a simulcast from Saturday night's service. Communion will be offered the second and fourth Sundays of every month.

10:30 a.m. H3 Young Family Contemporary Worship in the Family Life Center

Our H3 (Worship with your Head, Heart and Hands) casual service offers an atmosphere in which families are encouraged to worship together. Expect lively praise music, puppets and themed family activities. A pastor will lead the service, and the message will be a simulcast from Saturday night's service. Communion is offered the second and fourth Sundays of every month.

10:30 a.m. Sunday Contemporary Worship in the Sanctuary

Join us in the Sanctuary for high-energy and reflective worship that is awe-inspiring. Communion will be offered the first and third Sundays of every month.

Other important items

Nursery: Infants to age 3. Located on the lower level with access through the doors in the narthex. The nursery is staffed during all worship services for children ages 3 and under at no cost to the parent.

Cry room: Located in the southwest corner of the narthex is a room with a full view of the Sanctuary for parents to take their small children when they are upset or crying.

Weekly Bible reading - Isaiah 61:1-3 (NIV)

The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, to proclaim the year of the LORD's favor and the day of vengeance of our God, to comfort all who mourn, and provide for those who grieve in Zion—to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the LORD for the display of his splendor.

If you have any questions, please ask one of our members or stop by the Welcome Centers.

Education times

Children (ages 2- grade 5)

Grace Place

Saturdays at 5:50 p.m.

Sundays at 9:20 & 10:50 a.m.

Faith Alive

Wednesdays at 6 p.m.

Youth (grades 6-12)

Times vary, check page 5.

Adults

Times vary, check pages 6-7.

Communion

Communion is offered on the first and third Sundays of each month during the services in the Sanctuary and the second and fourth Saturdays and Sundays during the services in the Family Life Center.

A note to our guests and visitors: The Lord's Supper is celebrated at Gloria Dei in the belief and with the confession that this Sacrament is the very body and blood of Christ (The Doctrine of the Real Presence) which is received with the bread and the wine for us to eat and drink for the forgiveness of sins and to strengthen our faith. Our Lord invites to his table those who trust his words, repent of all sin, and seek to forgive and love as He forgives and loves us. If you agree with our beliefs regarding the nature and meaning of this Sacrament and desire to commune with us, you are welcome! For the medical and/or physical needs of members or visitors, non-alcoholic wine will be in the inner circle of each communion tray and will be lighter in color than the regular wine. In addition, gluten-free wafers are available, please alert the elders before the service if possible.